



Instructor Training Programs



The Instructor Training Program was established to develop high quality Instructors to deliver the Discover Sailing learn to sail (and powerboat Programs). Our Instructor network make a valuable contribution to increasing water safety and attracting and retaining people in the sport of sailing and boating at Clubs. This Australian Sailing accreditation is recognised nationally, allowing Instructors to work at over 200 of our accredited Discover Sailing Training Centres across Australia.

Introduction

Instructors are the face of sailing for participants entering the sport and part of their role is to actively promote sailing and the Discover Sailing Programs. The experience participants have with their Instructor during their courses will heavily determine whether they continue sailing. Australian Sailing is focused on providing high quality training and professional development opportunities for Instructors to ensure we are an industry leader in safe and quality training courses.

Pre-requisites

The pre-requisites of attending an Instructors Course are that the prospective Instructor must:

- Hold a current Applied First Aid Certificate
- Hold an Australian Sailing Powerboat Handling Certificate (for Powerboat, Dinghy and Windsurfing Instructors)
- Hold the level of competence in the Program they wish to instruct
- Be 16 years old (must be 18 years old to be the Head Instructor at a Centre)
- Comply with the State/Territory legislation including, but not only, child protection laws (if applicable in that state)
- Hold a

Aim of the Training Program

The training course aims to provide Instructors with an introduction to the principles of instructing including, communication, instructing styles, risk management, inclusion, planning, delivering and reviewing training courses. Following the course, Instructors will be qualified to deliver the Discover Sailing learn to sail (and/or powerboat) courses. The program and level that you can deliver will depend on which course you attend. A full outline of the instructor pathways can be found at www.sailing.org.au/instructors

Course Overview

The course is a two-and-a-half day course, generally run over one evening and a weekend and delivered at accredited Discover Sailing Centres across Australia. You will be expected to complete some pre-course study to ensure that practical application of this knowledge can be demonstrated on course. The course is an interactive and practical course including discussions, case studies, presentations, demonstrations, and workshop activities.

You will be required to take part in practical activities and assessments, therefore you are asked to dress in clothing suitable for sailing activities and the weather and wear appropriate footwear.

You will receive an Instructor Pack containing all of the materials you will require on course and following the course when delivering the learn to sail (and powerboat) courses.

Course Fees

Instructor Course: \$450*

Assistant Instructor Course: \$110*

*Does not include transaction fee



Learning Outcomes

At the end of the Instructor Training course you will be able to:

- Explain the roles and responsibilities of the instructor within the Discover Sailing Program
- Outline the Australian Sailing structure and understand how the instructor plays a pivotal role in the Discover Sailing Pathways
- Develop strategies to work with parents, officials and sports administrators
- Plan and review instructor sessions for beginner-level participants
- Assess and manage the risks of instructing
- Safely conduct a learn to sail (or powerboat) course, ensuring fun and maximum participation through games and activities
- Utilise a range of communication, instructing and behaviour management strategies to help participants learn the basic skills
- Cater for the physical and social development of all participants

Assessment

Assessment of the Instructor program has several components:

- Prior to attending the face-to-face course, Instructors will be expected to read the Instructor Handbook and complete the online assessment questions
- Deliver a 10-minute theory presentation on a pre-allocated topic. You will receive your allocated topic in your joining instructions and will be required to plan a classroom presentation on this.
- Deliver a 15-minute practical session delivery on a pre-allocated topic. You will receive your allocated topic in your joining instructions and will be required to plan a session on this.

Throughout the course there will also be formative assessment in the form of questions and discussions.

Recognition of Prior learning (RPL)

If you have previous experience (for example you have an overseas instructor qualification) you may be eligible for Recognition of Prior learning. You will be required to provide satisfactory evidence that all of the learning outcomes have been met. For more information on RPL and how to apply please visit the Australian Sailing website.



Annual Renewal

Instructors are required to pay an annual Instructor fee that covers administration costs and provides liability insurance for the Instructor.



Principal Partner



Australian Government
Australian Sports Commission

Instructor Revalidation

An Instructor qualification is for a period of 5-years, following this, a revalidation process will need to take place. Instructors are required to stay up to date, and revalidate before the expiry of their current qualification. The process of revalidating helps to ensure:

- Accredited instructors are actively instructing
- Instructors stay abreast of rule changes, safety requirements and technique changes in their specific program
- There is an up to date register of active instructors in Australia.

Further Information

For further information on any of the training programs, please contact your Club Services Officer or contact training@sailing.org.au